

Personal Chef | Private Chef | \$450 weekly meal prep delivery Service
5 meals all fees included \$450 minimum. Meals delivered Monday each week. Rates vary for larger orders vary depending on number of different meals as well as how many total meals.

Jpfinefoodsllc.com

Text 9177768203

Thank you for your interest!

I have experience in all types of health conditions and special dietary restrictions. All types of cuisine you can imagine.. Latin, Asian, French, Italian, California seasonal

Sample Menus (Please note these are just sample menus, menus change weekly and are custom made to my clients preferences and dietary restrictions) :

Vegan:

-Creamy Pesto Orecchiette | Roasted Asparagus Morel Mushroom

-Roasted Beets | Faro, Orange, Cilantro, Pistachio, Walnut Vinaigrette

-Butternut Squash Risotto with Leeks and Spinach

-Spicy Chinese Eggplant | szechwan sauce, black rice

-Whole Roasted Cauliflower | Buckwheat Soba Noodle, Cabbage, Carrots

Keto:

-Grilled Pork Chops | Braised Cabbage and apple with warm green bean

salad olive oil

-Roasted Chicken with Creamy Mushrooms, Peas

-Grilled Salmon over Garlic Spinach in sesame oil

-Meatballs with zucchini noodles, red sauce, parmesan

-Coconut Curry | Peas and Carrots

Paleo:

-Rosemary and Lemon Roasted Chicken | Artichoke hearts, Carrots

-Teriyaki Salmon | Stir Fried Sugar Snap Peas, Peppers, Chinese Brocoli

-Braised BBQ Beef, Collard Greens

-Pork Tenderloin | Apple Chutney, Roasted Acorn Squash

-Chicken Tikka Marsala | Peas, Roasted Cauliflower

Offering safe, reliable, quality, affordable food. Excellent menu options. Seasonal.

I offer weekly meal prep delivery service. I'm a trained certified chef with over 25 years of professional cooking experience.

\$450.00 minimum for weekly service- delivery on Monday Other options of pricing available for larger orders per meal per person all fees included. All menus are finalized a week in advance.

5 single portion meals (1 person protein approximately 6oz starch

approximately 4oz. vegetables approximately 4oz. full meal) per week shipped to your door Monday \$450 flat rate minimum including everything

#gluten free

#vegetarian

#vegan

#raw

#anti inflammatory

#detoxing

#keto

#whole 30

#paleo

#sugar free

#weight loss

#food allergies

etc. I provide

#weekly meal preparation delivery service

for busy families and working professionals. My food can be described as: Healthy, international and gourmet. Homemade, made from scratch using organic, seasonal ingredients with the use of superfoods and wholesome ingredients. Fully vaccinated and always following the highest hygiene and disinfecting protocols for grocery delivery/shopping and for cooking to protect yourself and your family.

Food is medicine!

I would love to be your personal chef

I have several regular long term clients.

I offer meal prep and delivery at \$450.00 minimum per week including the cost of food. That's 5 meals at \$50.00 per meal per person including the cost of food. Just a minimum you welcome to order 21 meals a week

I have clients who do.

It includes menu development, shopping, cooking, delivery once a week (Monday only)

Please text (917)776-8203 me location, number of people, number of meals per day, and number of days per week (total number of meals per week) for an accurate quote if interested in moving forward

Thank you!

Chef Jeffrey Pearson

JP Fine Foods LLC

JP Private Chef Services

(917)776-8203 (text only please)

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